

In the 1st Luminous Mystery, we read and we meditate undisturbed:

(F 13 - Friar P.M.V.- F.)



“The Baptism of Jesus in the Jordan River...”

FROM THE GOSPEL ACCORDING TO - MATTHEW - :

“Jesus came from Nazareth of Galilee and was baptized in the Jordan by John...At once the Spirit drove him out into the desert...” (Mark 1:9, 12)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace every day to leave this river of worldly (or even liturgical) patterns, a little as Your Son Jesus did when he (in fact) left the Jordan river, to go into the silent desert of trial and knowledge.
(cf. SLC, p. 395)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to leaving this river of worldly schemes to go into the silent desert of knowledge, St. Athanasius says: *“Our Savior... invites to Himself those who have thirsty hearts, according to His word.”*
(ATHANASIUS, *Office of Read.*, Friday IV Week of Lent)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

-
-

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...

